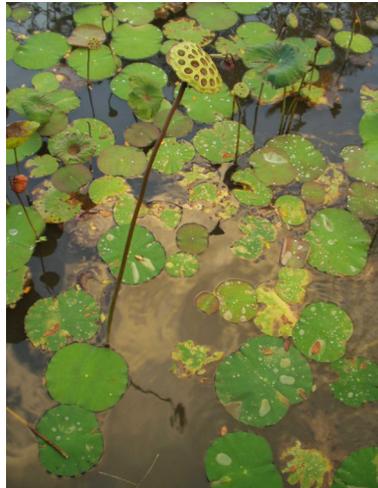


THE VALLEY SPIRIT

Conversations with Lao Tzu

A seminar with Shantena Augusto Sabbadini



The *Tao Te Ching*, the *Classic of the Way and Virtue*, is the foundational text of Taoism. Traditionally attributed to Lao Tzu, the 'Old Master', this 2500 years old booklet expounds in a poetic and supremely concise way some of the most profound teachings of all times. It is an invitation to an inner journey, a journey that could be described as a 'return': returning to the source, returning to the simplicity or the uncarved block of wood, returning to the openness of the newborn.

This seminar will be an interactive exploration of the *Tao Te Ching*. Its purpose is to offer each participant the opportunity to engage in a personal dialogue with the Old Master, to write her or his personal *Tao Te Ching*. Please bring a notebook and a pen!

Shantena Augusto Sabbadini (www.shantena.com) is Associate Director of the Pari Center for New Learning. He is a physicist, philosopher and teacher. As a physicist he has worked on the foundations of quantum physics and contributed to the first identification of a black hole. He is interested in issues of mind, matter and consciousness. He is the author of *Tao Te Ching: una guida all'interpretazione del libro fondamentale del taoismo* (English - and perhaps Spanish - version to be published soon).